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THE CRAVING



Synopsis

It's taking place in homes across America at an alarming rate, a growing epidemic prevalent among teenagers from "good" homes. Self-mutilation or commonly known as "cutting", the act of intentionally harming oneself in an effort to deal with intense emotional pain, is a misunderstood phenomenon. This is one girl's struggle to fight against the urge in a twenty-four hour period.

Book Information

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Customer Reviews

There are ridiculous, ignorant stigmas that surround self harm, and Ray picks these apart. She explains self harm is not always suicidal, and the urges behind it, scientifically and emotional. Anyone can feel pain, rich or poor, good or bad life. "Saying you cannot be sad because someone else may have it worse is like saying you can't be happy because someone else may have it better."
-charlie, tpobaw

This book is extremely well written, but it lacks a hope message. I feel such a book should leave its

readers with an uplifting message, especially if youth are the intended audience.

It was a great book and I can relate to some of the things Amy wrote. I love the book.

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